

POCC are running a series of regattas with two races on each day. Being on the Estuary the conditions will be near on perfect so the racing will be Hard and Fast. This is a great new way to get through the winter months and should prove both exciting and challenging. The senior course will always be run on or close to the full tide so read each panui as the next regatta could have a change in the programme.

## Programme

## Saturday September 21st 2019

High Tide: 11.59am

- 08.30am Karakia
- 08.30am Race 1 Briefing (10KM)
- All Senior W12 Divisions
- All Novice and J16 must wear life jackets
- 09.00am Race 1 start
- Hot Soup on return
- 10.00am Race 2 Briefing (5KM)
- All Junior W12 Divisions (incl. All Novice Divisions)
- All 5km race competitors must wear life jackets
- 10.30am Race 2 start
- Hot Soup on return

All registrations must be done on-line at the NKOA (Waka Ama NZ) website.

There will be no registration on the day

Entry Fees: 5km Race Competitors \$10.00, 10km Race Competitors \$20.00